

FLEXIBLE SPENDING (FSA) QUALIFIED MEDICAL EXPENSES

The Internal Revenue Service (IRS) determines which expenses are eligible under the Flexible Spending Account (FSA). The list of eligible expenses can be modified at any time.

Common eligible Health Care expenses:

- Acupuncture
- Ambulance
- Birth control treatment
- Blood sugar test kits for diabetics
- Chiropractor
- Physical therapy
- Doctor's office visits and co-pays
- Prescriptions
- Infertility treatments
- Insulin
- Hearing aids and batteries
- Laboratory fees
- Speech therapy
- Over-the-counter medications, if prescribed by a doctor
- Vaccines
- Surgery, excluding cosmetic surgery

Common over-the-counter (OTC) medications (prescription required):

- Acid Controllers
- Acne medication
- Allergy and sinus medication
- Baby rash ointment
- Cold and flu medications
- Motion sickness medications
- Nasal sprays or drops
- Sleep aids
- Pain relievers, such as Aspirin or Ibuprofen



Common over-the-counter (OTC) medications (prescription not required):

- Bandages, adhesive or elastic
- Blood pressure monitor
- Crutches
- Diagnostic test and monitors (such as blood glucose monitors)
- First-aid supplies
- Motion sickness wristbands
- Sunscreen
- Thermometers
- Walkers, wheelchairs and canes

Eligible services that may be eligible with a Letter of Medical Necessity from a doctor:

- Weight-loss program, if it's a treatment for a specific disease diagnosed by a physician (e.g. obesity, hypertension, heart disease)
- Massage treatment for specific ailments or diagnosis
- Improvements or special equipment added to a home for a physically handicapped person

This is not an all-inclusive list of eligible expenses. View the IRS Publication 502 for a full list.

CONTACT INFORMATION

Aptia Participant Services representatives are available Monday through Friday 8 am to 9 pm ET.

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