COLA 2021 Retirement Cost-of-Living Adjustments

TRI-AD presents the *Cost-of-Living Adjustments* (COLAs) for 2021. These limits are provided each year by the Internal Revenue Service and become effective **January 1, 2021.**

Maximum Dollar Limitations

Employee Deferral Limits	2021	2020	2019	2018	2017			
401(k) Contribution	\$19,500	19,500	19,000	18,500	18,000			
403(b) Contribution	\$19,500	19,500	19,000	18,500	18,000			
457 Contribution	\$19,500	19,500	19,000	18,500	18,000			
SIMPLE 401(k)/IRA	\$13,500	13,500	13,000	12,500	12,500			
Employee Catch-Up Limits								
401(k), 403(b), 457	\$6,500	6,500	6,000	6,000	6,000			
SIMPLE 401(k)/IRA	\$3,000	3,000	3,000	3,000	3,000			
Other Plan Limitations								
Compensation Cap	\$290,000	285,000	280,000	275,000	270,000			
Defined Benefit Plan Maximum Benefit	\$230,000	230,000	225,000	220,000	215,000			
Defined Contribution Plan Maximum								
Contribution	\$58,000	57,000	56,000	55,000	54,000			
Highly Compensated Employees'								
Compensation Exceeding	\$130,000	130,000	125,000	120,000	120,000			
Key Employee Officer Compensation	\$185,000	185,000	180,000	175,000	175,000			
Key Employee 1% Owner	\$150,000	150,000	150,000	150,000	150,000			
SEP Participation Coverage Compensation Level	\$650	600	600	600	600			
ESOP Threshold for 5-Year Distribution Period	\$1,165,000	1,150,000	1,130,000	1,105,000	1,080,000			
ESOP Incremental Threshold for								
Extending 5-Year Distribution Period								
(max 5 additional years)	\$230,000	230,000	225,000	220,000	215,000			
Social Security Taxable Wage Bases								
- Social Security	\$142,800	137,700	132,900	128,400	127,200			
- Medicare	No Limit	No Limit	No Limit	No Limit	No Limit			
Social Security Tax Rates	By Percentage							
- Social Security - Employer	6.20	6.20	6.20	6.20	6.20			
- Social Security - Employee	6.20	6.20	6.20	6.20	6.20			
- Medicare – Employer and Employee	1.45	1.45	1.45	1.45	1.45			
- Per Employer/Per Employee Combined Rate	7.65	7.65	7.65	7.65	7.65			
Combined Rate	15.30	15.30	15.30	15.30	15.30			
Additional Medicare Tax on Wages above \$200,000 – Employee Only	.9*	.9*	.9*	.9*	.9*			

^{*}The Affordable Care Act imposes an additional .9% Medicare tax on wages above \$200,000 (\$250,000 for married couples filing jointly, \$125,000 for married couples filing separately and \$200,000 for other filers). Employers are required to withhold the additional .9% Medicare tax (a total of 2.35%) on wages above \$200,000 regardless of the employee's tax filing status. Employers do not match this additional tax.

TRI-A

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COLA 2021 Health & Welfare Cost-of-Living Adjustments

TRI-AD presents the Cost-of-Living Adjustments (COLAs) for 2021. These limits are provided each year by the Internal Revenue Service and are effective as of January 1, 2021.

Maximum Dollar Limitations

Health Care Reimbursement Accounts in a Cafeteria Plan	2021	2020	2019	2018		
Maximum Contribution	\$2,750	2,750	2,700	2,650		
Dependent Care Reimbursement Accounts in a Cafeteria Plan						
Maximum Contribution	\$5,000	5,000	5,000	5,000		
Maximum Contribution if Married Filing Separately	\$2,500	2,500	2,500	2,500		
Dependent Care Tax Credit on Personal Tax Return ¹						
1 Qualifying Individual	\$3,000	3,000	3,000	3,000		
2 or more Qualifying Individuals	\$6,000	6,000	6,000	6,000		
Qualified Relative Income Allowance						
Maximum Amount a qualified relative can earn and still be considered a dependent for tax purposes	\$4,300	4,300	4,200	4,150		
Qualified Transportation Plan						
Parking – Monthly Limit	\$270	270	265	260		
Transit Passes and Vanpooling (Combined) – Monthly Limit	\$270	270	265	260		
Bicycle benefit (Employer-funded) – Monthly Limit ²	\$20	20	20	20		
Adoption Assistance Program ³						
Maximum Exclusion for Employer-Provided Program ⁴	\$14,440	14,300	14,080	13,810		
Adoption Tax Credit Limit	\$14,440	14,300	14,080	13,810		
Modified Adjusted Gross Income Limits for Employer-Provided						
Adoption Assistance Program and Tax Credit						
Full credit if adjusted gross income below	\$216,660	214,520	211,160	207,140		
Phased credit if adjusted gross income between	\$216,660 -\$256,660	214,520 -254,520	211,160 -251,160	207,140 -247,140		
No credit allowed for adjusted gross income above	\$256,660	254,520	251,160	247,140		
Educational Assistance Programs						
Maximum nontaxable educational assistance benefit	\$5,250	5,250	5,250	5,250		
Health Savings Accounts						
Contribution Limit per Individual	\$3,600	3,550	3,500	3,450		
Contribution Limit per Family	\$7,200	7,100	7,000	6,900		
Catch-up Contribution for Age 55 and Older	\$1,000	1,000	1,000	1,000		
Out-of-pocket Maximum per Individual	\$7,000	6,900	6,750	6,650		
Out-of-pocket Maximum per Family	\$14,000	13,800	13,500	13,300		
Minimum Deductible per Individual	\$1,400	1,400	1,350	1,350		
Minimum Deductible per Family	\$2,800	2,800	2,700	2,700		
Highly Compensated Employee Compensation Exceeding	\$130,000	130,000	125,000	120,000		
Key Employee Officer Compensation	\$185,000	185,000	180,000	175,000		
Key Employee 1% Owner	\$150,000	150,000	150,000	150,000		

¹ Credit may be adjusted based on the level of the taxpayer's adjusted gross income and is reduced by amounts excluded from income under a Dependent Care Reimbursement Account plan sponsored by an employer.

⁴ If employer-sponsored Adoption Assistance Program is contained in a Cafeteria Plan, this is the maximum limit within the plan year.



² The Tax Cuts & Jobs Act of 2017 changed the bicycle benefit to a taxable benefit for years after 2017 and before 2026. ³ An employer-sponsored Adoption Assistance Program may be a stand-alone program or contained within a Cafeteria Plan.